# Sensory characterisation, dominant attributes in time and consumer preference of industrial and artisanal Mexican chocolates 

${ }^{1,2}$ Ramón-Canul, L. G., ${ }^{1}$ Ramón-Canul, F. C., ${ }^{2}$ Moo-Huchin, V. M., ${ }^{3}$ Herrera-Corredor, J. A., ${ }^{4}$ Cabal-Prieto, A., ${ }^{5}$ Ramírez-Sucre, M. O. and ${ }^{5,6 *}$ Ramírez-Rivera, E. J.<br>${ }^{1}$ Universidad de la Sierra Sur, Calle Guillermo Rojas Mijangos sın. Colonia Ciudad Universidad, 70800, Miahuatlán de Porfirio Díaz, Oaxaca, México<br>${ }^{2}$ Tecnológico Nacional de México, Instituto Tecnológico de Mérida, km 5 Mérida-Progreso, 97118, Mérida, Yucatán, México<br>${ }^{3}$ Colegio de Postgraduados Campus Córdoba, Km. 348 Carretera Federal Córdoba-Veracruz, 94500, Veracruz, México<br>${ }^{4}$ Tecnológico Nacional de México/Instituto Tecnológico Superior de Huatusco, Av. 25 Poniente<br>No. 100, Colonia Reserva Territorial 94106, Huatusco, Veracruz, México<br>${ }^{5}$ Centro de Investigación y Asistencia en Tecnologia y Diseño del Estado de Jalisco A.C. Sede Sureste, Tablaje Catastral 31264 Km. 5.5 Carretera Sierra Papacal-Chuburna Puerto Parque Cientifico Tecnológico de Yucatán, 97302, Mérida, Yucatán, México<br>${ }^{6}$ Tecnológico Nacional de México/Instituto Tecnológico Superior de Zongolica, Km 4 Carretera Tepetitlanapa, 95005, Zongolica, Veracruz, México

## Article history

Received: 7 January 2020
Received in revised form:
23 May 2020
Accepted:
22 July 2020
Keywords
external preference
mapping,
$Q D A^{\circledR}$,
sensory profile of
chocolates,
TDS curves


#### Abstract

The objective of the present work was to determine the sensory differences, consumer preference, and dominant attributes of industrial and artisanal Mexican chocolates. This characteri- sation was performed by using Quantitative Descriptive Analysis. Consumer preference was ence, and dominant attributes of industrial and artisanal Mexican chocolates. This characteri- sation was performed by using Quantitative Descriptive Analysis. Consumer preference was analysed by using External Preference Mapping, and the dominant attributes through Temporal Dominance of Sensations. Sensory differences between chocolate types were more evident in attributes such as chocolate aroma, cocoa aroma, and cocoa flavour. Consumer preference was focused towards artisanal chocolates that showed high intensities of brown colour, cocoa aroma, chocolate aroma, fat aroma, sweet aftertaste, and dominant attributes such as bitter, fat aroma, and bitter aftertaste. Results provided a significant insight about the preference of aroma, chocolate aroma, fat aroma, sweet aftertaste, and dominant attributes such as bitter, fat aroma, and bitter aftertaste. Results provided a significant insight about the preference of consumers for artisanal and industrial chocolates based on their sensory attributes.


## Introduction

Aztecs, Incas, and Mayas in Mesoamerica cultivated cocoa (Theobroma cacao) for use in rituals and ceremonies (Donadini et al., 2012). In 2017, the world production of cocoa beans was 5.2 million tons. Republic of Ivory Coast is the largest producer (1.4 million tons), followed by Ghana ( 610,000 tons), and Indonesia (605,000 tons) (FAOSTAT, 2017). México had a production of 27,000 tons in that year. It was mainly concentrated in Tabasco, Chiapas, Oaxaca, and Guerrero states (FAOSTAT, 2017).

Chocolate is prepared by extracting, pressing, or spraying cocoa, and mixing it with or without sugar or other ingredients such as butter (NOM-186-SSA1/SCFI-2002; NOM, 2002). Chocolate contains $6 \%$ protein, $61 \%$ carbohydrates, and $3 \%$ moisture. Chocolate also has various minerals (phosphorus, calcium, and iron) and vitamins (Sol Sánchez
et al., 2016). Various works have shown that moderate consumption of dark chocolate results in health benefits due to its high content of polyphenols which are present in cocoa (Gámbaro and Ellis, 2012; Oberrauter et al., 2018). Cocoa polyphenols have cardioprotective effects that contribute to the decrease in oxidation of low density lipoproteins (LDL), increased levels of high density lipoproteins (HDL), and anti-inflammatory properties (Gámbaro and Ellis, 2012; Oberrauter et al., 2018). In addition, chocolate contains several psychoactive compounds (e.g., phenyl ethanolamine and methylxanthines) that stimulate the release of dopamine, thereby leading to various positive effects such as sensory pleasure (Gámbaro and Ellis, 2012).

Chocolate is associated with the generation of different emotions (e.g., joy and pleasure) in consumers, that is why it is considered as a stimulant and antidepressant food (Thamke et al., 2009). In Mexico, chocolate has been considered an important food since
pre-Hispanic times as it gives cultural identity in the places where it is produced and consumed as hot drinks, which are part of the cultural wealth of consumers from that state. Due to its high demand, chocolates have been produced artisanally and industrially. However, to date, there is no evidence that shows the sensory differences between artisanal and industrial chocolates, as most of the sensory research focuses on industrial chocolates from other countries (Pflanzer et al., 2010; Donadini et al., 2012; Gámbaro and Ellis, 2012). Therefore, sensory characterisation of both chocolate types would allow for the identification of the dominance of their attributes during the ingestion time and the relationship with consumer preference. This can be achieved by using External Preference Mapping (PREFMAP) and Temporal Dominance of Sensations (TDS) techniques that help explain the consumer preference based on product sensory characteristics and their dominant attributes in time ( Ng et al., 2012; Pineau et al., 2012). The objective of the present work was therefore to determine sensory differences, consumer preference, and dominant attributes of industrial and artisanal chocolates from Mexico.

## Materials and methods

## Origin and preparation of chocolate samples

Eight chocolate brands were evaluated ( $n=4$ artisanal chocolates, and $n=4$ industrial chocolates; Table 1). Due to confidentiality reasons, the chocolate brands are not disclosed. Chocolates were selected according to consumer, and acquired from the " 20 de Noviembre" market from the City of Oaxaca de Juárez, México. The criteria used for the selection of artisanal chocolate were: 1) made with local raw materials; 2) prepared by hand or with the help of manual and mechanical tools; 3) made with the use of family labour, and 4) marketed in the State of Oaxaca
(Domínguez-López et al., 2011; Jaramillo-Villanueva et al., 2018).

All chocolate bars were purchased on the same day, and from the same production batch in presentations of $80-120 \mathrm{~g}$. A total of 3.4 kg of each brand of chocolate was used in the present work. Chocolate bars were stored in a dry, dark room at $18 \pm 2^{\circ} \mathrm{C}$ until the sensory analysis. All chocolate samples for sensory analysis were prepared following the manufacturer's specifications as described below: 1) 200 g of chocolate were dissolved in 1 L of hot water $\left(80 \pm 2^{\circ} \mathrm{C}\right)$, 2) the solution was homogenised using a blender (Model Slope 14, Oster ${ }^{\circledR}$, Newell Brands de México S.A de C.V); and 3) chocolate samples were cooled down to room temperature until $45 \pm 2^{\circ} \mathrm{C}$.

## Experimental conditions of the samples for sensory analysis

Each judge was served with 30 mL of each chocolate $\left(45 \pm 2^{\circ} \mathrm{C}\right)$ in clear glasses coded with three random digits. A glass of water was also provided for the neutralisation of flavours in between samples. Ballots included the definition and the operating mode of each attribute, the scale, as well as the reference, and its respective value (Ramírez-Rivera et al., 2018). All sensory tests were carried out in standard booths at the Sensory Evaluation Laboratory of the Universidad de la Sierra Sur, Mexico.

## Sensory descriptive panel

The sensory panel was made up of three men and five women between the ages of 20 and 40 . This panel has two years of experience in the evaluation of different chocolate-based products. The selection of the panellists was conducted according to the ISO standard 8586-1 (ISO, 1993) and ISO standard 11035 (ISO, 1994). Each panellist was interviewed in order to determine their availability, motivation, and

Table 1. Code and category of chocolates analysed.

| Code | Type of <br> chocolate | Cocoa content <br> $(\%)$ | Ingredients |
| :---: | :---: | :---: | :---: |
| I1 | Industrial | 70 | Cocoa, cinnamon, sugar, almond, and soy lecithin |
| I2 | Industrial | 70 | Cocoa, cinnamon, sugar, and almond |
| I3 | Industrial | 50 | Cocoa, almond, and sugar |
| I4 | Industrial | 50 | Cocoa, almond, sugar, and soy lecithin |
| A1 | Artisanal | 60 | Cocoa, cinnamon, and sugar |
| A2 | Artisanal | 80 | Cocoa, cinnamon, sugar, and almond |
| A3 | Artisanal | 70 | Cocoa, cinnamon, and sugar |
| A4 | Artisanal | 70 | Cocoa, cinnamon, sugar, and almond |

$A=$ Artisanal chocolate, $I=$ Industrial chocolate.
non-aversion to the product (ISO standard 8586-1, 1993). Subsequently, tests of recognition of basic flavours (sweet, salty, bitter, and acid), smell recognition applied (ISO standard 5496, 2005), triangular tests (ISO standard 4120, 2004a), and duo-trio tests (ISO standard 10399, 2004b) were performed. Finally, the results were evaluated through the application of the Sequential Analysis Technique (ISO standard 16820, 2004c). The training sessions were carried out in the Sensory Evaluation Laboratory of the Universidad de la Sierra Sur, Mexico.

## Sensory procedure

The sensory profile of the chocolates was developed with the Quantitative Descriptive Analysis ${ }^{\text {® }}$ $\left(\mathrm{QDA}^{\circledR}\right)$ technique (ISO standard 11035,1994$) . \mathrm{QDA}^{\circledR}$ Technique was performed in three stages. During the first stage, two sessions of 1 h were carried out in order to obtain the sensory attributes. A reduction of attributes was made by eliminating those with hedonic connotation that were not related to the product (ISO standard 11035,1994 ) so that a preliminary list of sensory attributes could be obtained. The attributes of the preliminary list were evaluated on a structured five-point scale to determine the actual intensity.

The maximum frequency of each attribute was determined by the number of times it was mentioned by the panellists (ISO standard 11035, 1994). Both of the actual intensity and the maximum frequency were used to determine the geometric mean value of each attribute, and thereby obtaining the final list of sensory attributes for the study: Brown colour (Brown-C), Cocoa aroma (Cocoa-A), Fat aroma (Fat-A), Chocolate aroma (Chocolate-A), Cocoa Flavour (Cacao-F), Bitter (Bitter-T), Bitter Aftertaste (Bitter-AT), and Sweet Aftertaste (Sweet-AT). During the second stage, two consensus sessions were conducted to determine the definition, the operating mode, the reference, and its value for each of the aforementioned sensory attributes (ISO standard 11035, 1994) (Table 2). In the third stage, the panel evaluated the sensory attributes progressively (appearance, smell, aromas, and after taste). A total of 21 training sessions with duration of 50 min per session were performed. The evaluation session, which included two tastings with a 2 h interval between tastings was carried out to evaluate the performance of the panel (discrimination, repetitiveness, and consensus) and validate the sensory profile (Tomic et al., 2010). Chocolate samples were served to the panel in a sequential monadic, following

Table 2. Definitions and references of the attributes.

| Attribute | Definition | Reference |
| :---: | :---: | :---: |
| Brown-C | Characteristic colour of cocoa bean | Coffee shade scale: $0=$ light brown, $5=$ medium brown, and $9=$ dark brown |
| Cocoa-A | Characteristic aroma of cocoa | Cocoa powder in water (w/v) (Cacep ${ }^{\circledR}$ S.A de C.V.), $0=5 \%, 5=10 \% \text {, and } 9=20 \%$ |
| Chocolate-A | Characteristic smell of chocolate | Chocolate drinks (Nestlé de México S.A. de C.V.), $0=5 \%, 5=10 \% \text {, and } 9=20 \%$ |
| Fat-A | Characteristic aroma of vegetable fat | Chocolate drinks at different fat concentrations: <br> $0=$ No fat, $5=$ Nestlé chocolate drink (Nestlé de México, <br> S.A. de C.V.) with $16.18 \%$, and $9=$ Hershey's black chocolate drink (Hershey's de México S.A de C.V.) with $30.27 \%$ fat |
| Bitter-T | Bitter taste from cocoa | Instant coffee drink Nescafé ${ }^{\mathbb{®}}$ Clasico (Nestlé, México, S.A. de C.V.), $0=0 \%, 5=0.5 \%$, and $9=1 \%$ |
| Cocoa-F | Characteristic flavour of cocoa | Cocoa powder in water (w/v) (Cacep ${ }^{\circledR}$ S.A de C.V.) at concentrations: $0=5.0 \%, 5=10 \%$, and $9=20 \%$ |
| Bitter-AT | Bitter aftertaste remaining after ingesting the sample | Instant coffee drink Nescafé ${ }^{\mathbb{B}}$ Clasico (Nestlé, México, S.A. de C.V.) at concentrations: $0=0 \%, 5=0.5 \%$ and $9=1 \%$ |
| Sweet-AT | Sweet aftertaste remaining after ingesting the sample | Sugar solutions (Zucarmex de México S.A de C.V) at concentrations : $0=0 \%, 5=5.0 \%$, and $9=10 \%$ |

Values 0,5 , and 9 correspond to the intensity scale. $\mathrm{C}=$ Colour, $\mathrm{A}=$ Aroma, $\mathrm{F}=$ Flavour, and $\mathrm{AT}=$ Aftertaste .
an optimal Latin square experimental design and a continuous scale of 9 cm was used, where 0 was weak, and 9 was strong intensity (Ramírez-Rivera et al., 2018).

## Consumer study

The consumer study was carried out with 98 consumers ( 53 women and 45 men; 20-43 years old), and the level of liking in the chocolate samples was evaluated using a nine-point hedonic scale, where $1=$ "I dislike it extremely" and $9=$ "I like it extremely" (Ramírez-Rivera et al., 2018). Consumers were selected according to chocolate consumption frequency at least twice a week. Chocolate samples were presented to each consumer in a randomised order (Ramírez-Rivera et al., 2018).

## Temporal Dominance of Sensation (TDS)

For the integration of the panel for TDS, 30 consumers were recruited, of which 26 were selected ( 12 women and 14 men between the ages of 20 and 45). Consumers were selected according to the following criteria: 1) chocolate consumption at least twice a week (Rodrigues et al., 2016a), 2) no allergy to chocolate products (Rodrigues et al., 2016a), 3) have good oral and general health (Rodrigues et al., 2016a; 2016b), and 4) ability to discriminate triangular tests (ISO standard 4120, 2004b). The results of the triangular tests were processed by sequential analysis (the parameters set for this technique were $\mathrm{p}=0.30 ; \mathrm{p} 1=$ $0.70 ; \alpha=0.10 ;$ y $\beta=0.10$; ISO standard $16820,2004 \mathrm{c}$; Rodrigues et al., 2016a). Consumers were sequentially served with randomised chocolate samples in three-digit coded plastic cups. Five sessions ( 2 h per session) were held to explain the concept of dominant attribute using the program SensoMaker (Pinheiro et al., 2013). The test was performed as follows: the panellists took the chocolate to their mouths in a period of 2 s (delay time). Then for 20 s , each consumer selected the dominant attribute until the test concluded. Both delay time and evaluation time for TDS were determined consensually by the panel. During the entire test, each consumer was free to select an attribute several times (Pineau et al., 2012). The sensory attributes evaluated were: Cocoa Flavour (Cocoa-F), Bitter Taste (Bitter-T), Sweet Taste (Sweet-T), Fat Flavour (Fat-F), Cocoa Aftertaste (Cocoa-AT), Sweet Aftertaste (Sweet-AT), and Bitter Aftertaste (Bitter-AT).

## Statistical analysis

The sensory data of the trained panel were collected in a matrix with dimensions of $J^{*} M * N$ rows by $K$ columns, where $J=8$ sample, $M=2$ repetitions, $N=8$ judges, and $K=8$ sensory attributes for a total
of 1024 data. Preference data were collected in an array of dimensions of $J * N$ rows by $K$ columns, where $J=$ 8 samples, $N=98$ consumers, and $K=$ the value of the preference assigned to each chocolate for a total of 784 data.

## Sensory panel performance

The performance of the sensory panel was evaluated using a Variance Analysis (ANOVA) model with their respective interactions:

$$
\begin{equation*}
Y_{i k s}=\mu+\alpha_{i}+\beta_{k}+\gamma_{s}+\alpha \beta_{i k}+\beta_{k s}^{\gamma}+\alpha_{i s}^{\gamma}+e i_{k s} \tag{Eq.1}
\end{equation*}
$$

Where, $Y_{i k s}=$ result of a panellist, $i=$ repetition $s$ in the product $k ; \mu=$ overall mean; $\alpha_{i}=$ panellist effect; $\beta_{k}=$ product effect; $\gamma_{s}=$ repetition effect; $\alpha \beta_{i k}=$ product interaction per panellist; $\beta_{k s}^{v}=$ product interaction per repetition; $\alpha_{i s}^{\gamma}=$ panellist interaction per repetition; and $\mathrm{e}_{\mathrm{ijk}}=$ error term of the model with $\mathrm{e}_{\mathrm{iks}} \approx \mathrm{N}\left(0, \sigma^{2}\right)$ (Tomic et al., 2010). All the $F$-tests were carried out using the residual variance as denominator (Ramírez-Rivera et al., 2018).

## Representation and stability of the sensory profile

The sensory profile of chocolates was represented using a biplot constructed with data from the Principal Component Analysis Technique (PCA). The stability of the sensory profile was determined by the test of Hotelling $T^{2}$ and confidence ellipses (Cadoret and Husson, 2013). Each confidence ellipse contained $95 \%$ of the representations of each product obtained by the generation of virtual panels randomly selected from the real panel with 500 resamples (Cadoret and Husson, 2013).

Preference analysis via PREFMAP and dominant attributes by TDS curves
The statistical strategy for the analysis of the preference of chocolate consumers was carried out in three stages. In the first stage, the evaluation of the hedonic data was performed using a one-way ANOVA ( $\alpha=$ 0.05 ). In the second stage, consumer classes (which were classified according to their similarity in hedonic results) were generated by using the Hierarchical Ascendant Classification (HAC) technique (Ward method). In the third stage, the classes of consumers and the $\mathrm{QDA}^{\circledR}$ sensory profile were related to generate the different PREFMAP models (Ramírez-Rivera et al., 2018):

Vector model: $\mathrm{Y}_{\mathrm{i}}=\alpha+\beta_{1} \mathrm{X}_{1}+\mathrm{b}_{2} \mathrm{X}_{2}+\varepsilon$

Circular model: $\mathrm{Y}_{\mathrm{i}}=\alpha+\beta_{1} \mathrm{X}_{1}+\beta_{2} \mathrm{X}_{2}+\mathrm{c}\left(\mathrm{X}_{1}{ }^{2}+\mathrm{X}_{2}{ }^{2}\right)+\varepsilon$

Elliptical model: $\mathrm{Y}_{\mathrm{i}}=\alpha+\beta_{1} \mathrm{X}_{1}+\beta_{2} \mathrm{X}_{2}+\mathrm{c} \mathrm{X}_{1}{ }^{2}+\mathrm{c} \mathrm{X}_{2}{ }^{2}+\varepsilon$

Quadratic model: $\mathrm{Y}_{\mathrm{i}}=\alpha+\beta_{1} \mathrm{X}_{1}+\beta_{2} \mathrm{X}_{2}+\mathrm{c} \mathrm{X}_{1}{ }^{2}+\mathrm{c} \mathrm{X}_{2}{ }^{2}+$ $d X_{1} X_{2}+\varepsilon$

Where, X and $\mathrm{Y}=$ coordinates of chocolate in the first and second principal component, $\mathrm{Y}_{\mathrm{i}}=$ hedonic result assigned by a consumer class to a chocolate, $\alpha$ and $\beta_{1}=$ coefficients of the model, and $\varepsilon=$ error term of the model. The best PREFMAP model was determined by the Fisher test $(F)$ associated with a probability value $(p)$ and the coefficient of determination $R^{2}$ (Ramírez-Rivera et al., 2018).

Finally, the TDS curves of the three chocolate bars were most preferably constructed based on the PREFMAP results. The construction of the TDS curves was developed according to Pineau et al. (2012). In each TDS curve, two lines were drawn, one indicates the "chance level" (dominance rate which may have an attribute by chance) and another one indicates "significance level" which is defined as the minimum value that the dominance rate should be considered as significant. The level of significance was calculated by using the confidence interval of a binomial proportion based on a normal approximation (Pineau et al., 2012):

$$
\begin{equation*}
P_{S}=P o+1.645 \sqrt{\frac{P o(1-P o)}{n}} \tag{Eq.6}
\end{equation*}
$$

Where, $P_{s}=$ the lowest significant proportion value $(\alpha=0.05)$ at any point in time for the TDS curve, $P o$ $=1 / p$, with $p$ being the number of attributes, and $n=$ number of subjects per replication. In the present work, $P_{o}=0.14$, so the minimum number of observation should be $n=5 /(0.14 \times(1-0.14))=41.5 \sim 41$. That was the reason why each of the 26 consumers performed two replications of each product. The number of evaluations carried out met the minimum value from the 30 suggested by Pineau et al. (2012).

ANOVA was performed using the software STATGRAPHIC PLUS ${ }^{\circledR}$ version 5.2 (Statistical Graphics Corp, USA). PCA, HAC, PREFMAP, F test, and $R^{2}$ were made using the software XLSTAT ${ }^{\circledR}$ (Addinsoft, New York, NY, USA) for Microsoft Excel ${ }^{\circledR}$ version 2009. The confidence ellipses and the Hotelling $T^{2}$ test were performed with the program SensoMineR (Le and Husson, 2008). The TDS curves were built using SensoMaker version 1.91 software (Pinheiro et al., 2013).

## Results and discussion

## Sensory panel performance

Results of panel performance analysed by ANOVA are described below. The product factor indicated that the panel was discriminant ( $p \leq 0.05$ ) in $100 \%$ of the evaluated attributes. This result is consistent with the study of Le and Husson (2008) and Leite et al. (2013) who observed that attributes of milk aroma, cocoa aroma, bitter, brown, and chocolate smell make it possible to discriminate against chocolates. Results from the panellist factor showed that the panel was consensual in five (Cocoa-F, Cocoa-A, Chocolate-A, Fat-A, and Sweet-AT) out of eight evaluated attributes. This represents $62.5 \%$ of panel consensus. This result is higher than that of Pflanzer et al. (2010) who reported a panel consensus effectiveness of $41.66 \%$ in the evaluation of 12 sensory attributes of chocolates. The panel showed an effectiveness of $87.5 \%$ in the consistency of the results from one repetition to another ( $p \geq 0.05$ ) in seven of eight attributes. The Product $\times$ Panellist interaction showed discrepancies ( $p \leq 0.05$ ) among the panellists when positioning the chocolate samples on the intensity scale for the attribute Bitter-AT. This agrees with Husson and Pagès (2003) in the values of $p \leq 0.05$ for the interaction Product $\times$ Panellist for the attribute Bitter-T. The interaction Product $\times$ Repetition did not exhibit a significant effect ( $p \geq 0.05$ ) during the evaluation of samples from one repetition to another ( $100 \%$ effectiveness of the panel). A discrepancy was observed among the panellists as indicated by the Panellist $\times$ Repetition interaction in the evaluation of Brown-C attribute. In general, the performance of the sensory panel of the present work showed an efficient performance in terms of discrimination, consensus, and repetitiveness (Tomic et al., 2010).

## Representation and stability of the sensory profile

Figure 1A shows $75.54 \%$ from the total data variation in the first two main components. This value is similar to the one reported by Thomson et al. (2010) and Pflanzer et al. (2010) who obtained values of 73.5 and $85.3 \%$, respectively. Sensory attributes corresponding to the principal component 1 were Brown-C, Cocoa-A, Bitter-T, Bitter-AT, and Sweet-AT; and for the principal component 2 were Cacao-F, Fat-A, and Chocolate-A. The principal component 2 opposed the I2, A3, A2, and A4 chocolates. Chocolates A2 and A4 were perceived with high intensities for Brown-C, Chocolate-A, Cocoa-A, and Cocoa-F attributes. The formation of the aforementioned sensory attributes could be the
result of the processes of fermentation and roasting of cocoa which allow the release of aldehydes, ketones, and pyrazines (Rodríguez-Campos et al., 2011). Chocolates I2 and A3 were identified as Fat-A and Sweet-AT. The fat aroma attribute may be due to the presence of acids such as acetic, propionic, isobutyric, and isovaleric that are formed during cocoa fermentation (Rodríguez-Campos et al., 2011). The Sweet-AT attribute could be due to high contents of monosaccharides, disaccharides, and oligosaccharides in the sample (Vázquez-Ovando et al., 2015). Chocolates have organic molecules such as diketopiperazine, free L-amino acids, or peptides, as well as low molecular weight molecules such as tannins and theobromine that may cause these chocolates to present Bitter and Bitter-AT flavors (chocolate A1) (Stark et al., 2006; Rocha et al., 2017). Intensities in the evaluated attributes for each chocolate are shown in Table 3. Confidence ellipses indicated that chocolates A2 and A4, I2 and A4, and I1 and A2 were perceived as similar (Figure 1B). This was confirmed by the $p$-values from the Hotelling $T^{2}$ test of 0.53 , 0.07 , and 0.55 , respectively.

Preference analysis via PREFMAP and dominant attributes by TDS curves

ANOVA results showed significant differences ( $p \leq 0.05$ ) in consumer preference. According to results of each consumer, these could be classified into five classes consisting of Class $1=37$, Class $2=$ 12, Class $3=16$, Class $4=22$, and Class $5=11$ consumers, respectively. Each consumer class accounted for $37.76,12.24,16.32,22.45$, and $11.22 \%$ of total consumers, respectively. Table 4 shows the results of the evaluation of the different PREFMAP models for each class of consumers. Therefore, Class 4 preference was determined by


Figure 1. A) Sensory profile of artisanal and industrial chocolates from México; B) Confidence ellipses ( $95 \%$ with 500 resampling). ( $\mathbf{(})=$ Sensory attributes, (■) $=$ Chocolate, $\mathrm{A}=$ Artisanal chocolate, $\mathrm{I}=$ Industrial chocolate, $\mathrm{C}=$ Colour, $\mathrm{A}=$ Aroma, $\mathrm{F}=$ Flavour, $\mathrm{T}=$ Basic taste, and $\mathrm{AT}=$ Aftertaste.
vector models $(F=131.55, p \leq 0.01)$, circular $(F=$ $153.72, p \leq 0.01$ ), and quadratic ( $F=101.93, p \leq$ 0.01 ). Class 5 preference was explained by the quadratic model $(F=9.84, p=0.09)$. These results could be due to the efficient performance of the sensory

Table 3. Average and standard deviation values of each sensory attribute.

| Sample | Brown-C | Cocoa-F | Cocoa-A | Fat-A | Chocolate-A | Bitter-T | Bitter-AT | Sweet-AT |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| I1 | $4.8 \pm 1.92^{\mathrm{c}}$ | $7.1 \pm 2.36^{\mathrm{a}}$ | $3.6 \pm 0.63^{\mathrm{b}}$ | $2.0 \pm 0.17^{\mathrm{d}}$ | $5.7 \pm 1.14^{\mathrm{a}}$ | $4.5 \pm 1.47^{\mathrm{bc}}$ | $5.5 \pm 1.33^{\mathrm{bc}}$ | $4.1 \pm 2.06^{\mathrm{c}}$ |
| I2 | $7.0 \pm 1.77^{\mathrm{b}}$ | $4.7 \pm 1.91^{\mathrm{c}}$ | $5.8 \pm 0.44^{\mathrm{a}}$ | $6.2 \pm 2.65^{\mathrm{a}}$ | $4.0 \pm 2.79^{\mathrm{b}}$ | $3.6 \pm 2.58^{\mathrm{c}}$ | $3.0 \pm 2.45^{\mathrm{d}}$ | $6.7 \pm 2.64^{\mathrm{a}}$ |
| I3 | $2.4 \pm 1.29^{\mathrm{e}}$ | $3.2 \pm 1.90^{\mathrm{c}}$ | $2.5 \pm 0.03^{\mathrm{b}}$ | $5.3 \pm 2.71^{\mathrm{ab}}$ | $3.1 \pm 2.47 \mathrm{~b}$ | $5.5 \pm 2.37^{\mathrm{b}}$ | $5.5 \pm 2.48^{\mathrm{bc}}$ | $3.6 \pm 0.90^{\mathrm{c}}$ |
| I4 | $3.6 \pm 1.92^{\mathrm{d}}$ | $4.1 \pm 3.34^{\mathrm{c}}$ | $3.3 \pm 0.55^{\mathrm{b}}$ | $2.9 \pm 1.57^{\mathrm{d}}$ | $3.5 \pm 1.80^{\mathrm{b}}$ | $4.5 \pm 2.87^{\mathrm{bc}}$ | $6.0 \pm 2.70^{\mathrm{b}}$ | $4.7 \pm 2.34^{\mathrm{bc}}$ |
| A1 | $3.6 \pm 1.68^{\text {d }}$ | $3.6 \pm 2.88^{\mathrm{c}}$ | $3.7 \pm 0.58^{\mathrm{b}}$ | $3.3 \pm 1.52^{\mathrm{cd}}$ | $3.7 \pm 2.51^{\mathrm{b}}$ | $7.8 \pm 2.37^{\mathrm{a}}$ | $8.2 \pm 5.52^{\mathrm{a}}$ | $1.9 \pm 2.57^{\mathrm{d}}$ |
| A2 | $8.7 \pm 1.0^{\mathrm{a}}$ | $6.7 \pm 1.64^{\mathrm{ab}}$ | $5.9 \pm 0.36^{\mathrm{a}}$ | $5.4 \pm 3.27^{\mathrm{ab}}$ | $3.4 \pm 2.31^{\mathrm{b}}$ | $5.0 \pm 2.17^{\mathrm{bc}}$ | $5.4 \pm 2.82^{\mathrm{bc}}$ | $5.9 \pm 2.56^{\mathrm{ab}}$ |
| A3 | $2.8 \pm 2.32^{\text {de }}$ | $3.8 \pm 1.50^{\mathrm{c}}$ | $4.3 \pm 1.65^{\mathrm{ab}}$ | $4.5 \pm 2.66^{\mathrm{bc}}$ | $3.1 \pm 2.59^{\mathrm{b}}$ | $3.4 \pm 3.09^{\mathrm{c}}$ | $4.2 \pm 3.33^{\mathrm{cd}}$ | $5.9 \pm 1.97^{\mathrm{ab}}$ |
| A4 | $7.2 \pm 1.55^{\mathrm{b}}$ | $4.9 \pm 1.36^{\mathrm{bc}}$ | $5.6 \pm 2.85^{\mathrm{a}}$ | $5.6 \pm 1.88^{\mathrm{ab}}$ | $6.0 \pm 2.21^{\mathrm{a}}$ | $3.8 \pm 2.23^{\mathrm{bc}}$ | $4.0 \pm 1.77^{\mathrm{d}}$ | $6.2 \pm 1.60^{\mathrm{a}}$ |

Different superscript letters within a column indicate significant difference at $p \leq 0.05 . \mathrm{A}=$ Artisanal chocolate, $\mathrm{I}=$ Industrial chocolate, $\mathrm{C}=$ Colour, $\mathrm{A}=$ Aroma, $\mathrm{F}=$ Flavour, and $\mathrm{AT}=$ Aftertaste .
panel (Tomic et al., 2010). But nevertheless, Masson et al. (2016) mentioned that the vector and quadratic models give better explanation of the preference. The PREFMAP vector and quadratic models (Figure 2) showed that chocolates I4, A1, I3, and I1 were the least preferred by consumers according to the blue contour zone ( $0-20 \%$ of consumers). This result could be associated with the presence of high intensities of the attributes Bitter and Bitter-AT. Cantini et al. (2018) found that consumers selected dark chocolate bars based on the presence or absence of the bitter attribute. Also, Vecchio et al. (2019) determined that this type of sensory attributes can be considered as the cause for rejection by consumers. The rest of chocolates were located within the orange region where $80-100 \%$ of consumers predominated. Consumer Classes 1 and 2 showed preference for chocolate A2 due to sensory characteristics of Brown-C, Cocoa-A, Chocolate-A, and Cocoa-F. The aforementioned sensory attributes are consistent with the attributes identified in the study conducted by Cadena et al. (2012) who reported that the cocoa aroma attribute is mainly related to the preference of consumers. Thomson et al. (2010) reported that sensory attributes such as cocoa are related to emotions such as aggressive and energetic.

The TDS curves for artisanal chocolate A2 (Figure 3A) showed that its dominant attributes were Bitter-T, Bitter-AT, and Fat-F. The Bitter-T attribute was perceived from the $16^{\text {th }}$ until the $33^{\text {rd }}$ s. The Bitter-AT attribute was perceived from the $26^{\text {th }}$ to the $40^{\text {th }} \mathrm{s}$, and the Fat-F attribute was perceived from the $33^{\mathrm{rd}}$ and $40^{\text {th }} \mathrm{s}$. The bitter attributes are related to high cocoa contents, and this chocolate also shows a similarity to Brazilian chocolates made with cocoa bean blending which potentiates this sensory characteristic (Oberrauter et al., 2018). Consumer Classes 3, 4 (positive ideal + ), and 5 preferred I2 and A3 chocolates with high intensities of Fat-A and Sweet-AT. Additionally, the TDS chocolate curves


Figure 2. External Preference Mapping of chocolates. Sensory attributes ( $\mathbf{\Delta}$ ), Chocolate ( $\mathbf{\bullet}$ ), Consumer class ( $\bullet$ ) and Ideal positive point ( $\uparrow$ ). Colours indicate different regions of preference. $\mathrm{A}=$ Artisanal chocolate, $\mathrm{I}=$ Industrial chocolate, $\mathrm{C}=$ Colour, $\mathrm{A}=$ Aroma, $\mathrm{F}=$ Flavour, $\mathrm{T}=$ Basic taste, and AT = Aftertaste.

I2 (Figure 3B) indicated that only the attribute Cocoa-F was dominant during the $23^{\text {rd }}$ to $40^{\text {th }}$ s. Thamke et al. (2009) evaluated chocolates using the free choice profile technique, and reported that the key sensory attributes in industrial chocolates are sweet and cocoa flavors. Thomson et al. (2010) showed that attributes like sweet relate to interesting, happy, and loving emotions. Ares et al. (2017) evaluated industrial chocolates. They indicated that sweet is a dominant attribute which is related to consumer preference. The dominant attributes of artisanal chocolate A3 (Figure 3C) were Bitter-T ( $15^{\text {th }}-40^{\text {th }}$ s) and Bitter-AT (with appearances from the $24^{\text {th }}$ to $29^{\text {th }}$ s , and from $33^{\text {rd }}$ to $40^{\text {th }} \mathrm{s}$ ). These results are consistent with Rodrigues et al. (2016b) who used the TDS technique in chocolate samples with different cocoa concentrations ( 35,53 , and $63 \%$ ), and reported that the dominant attribute was Bitter. The information obtained from the present work may be useful

Table 4. Evaluation of the PREFMAP'S models by consumer class.

| Class | Models of PREFMAP'S |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Consumers by class ( $n$ ) | Vectorial |  | Circular |  | Elliptical |  | Quadratic |  | $R^{2}$ |
|  |  | $F$ | p | $F$ | p | $F$ | $p$ | $F$ | p |  |
| Class 1 | $37$ | $0.52$ | $0.62$ | $0.00$ | $0.96$ | $0.68$ | $0.50$ | $2.48$ | $0.26$ | 0.17 |
| $\text { Class } 2$ | $12$ | $3.75$ | $0.10$ | $0.23$ | $0.68$ | $5.43$ | $0.15$ | $0.01$ | $0.92$ | 0.60 |
| $\text { Class } 3$ | $16$ | $0.26$ | $0.77$ | $0.40$ | $0.59$ | $1.34$ | $0.37$ | $2.98$ | $0.23$ | 0.09 |
| $\text { Class } 4$ | $22$ | $131.55$ | $0.01$ | $153.72$ | $0.01$ | $8.28$ | $0.10$ | $101.93$ | 0.01 | 0.99 |
| Class 5 | 11 | 1.39 | 0.32 | 0.00 | 0.98 | 2.60 | 0.25 | 9.94 | 0.09 | 0.35 |

$F=$ Fisher test,$p=$ Probability, and $R^{2}=$ Determination coefficient.


Figure 3. Curves TDS (52 evaluations). A) artisanal chocolate A2; B) Industrial chocolate I2, and C) artisanal chocolate A3. Chance $=0.15$ and Sig. Level $=0.22, F=$ Flavour, $\mathrm{T}=$ Basic taste, $\mathrm{AT}=$ Aftertaste.
for artisanal and industrial chocolate manufacturers that seek to have greater quality control of their products, and be competitive with the local, regional, national, and international markets. This allows us to understand consumer satisfaction, maintain product quality control, and reformulate rejected products (Thamke et al., 2009; Lanza et al., 2011; Donadini et al., 2012).

## Conclusion

Artisanal chocolates exhibited diverse sensory attributes (Brown-C, Cocoa-A, Chocolate-A, Cocoa-F, Fat-A, Bitter-BT, and Bitter-AT) as compared to industrial chocolates (Sweet-AT). However,
the PREFMAP results determined that consumer preference was focused towards artisan chocolates with high intensities in Brown-C, Cocoa-A, Choco-late-A, Fat-A, and Sweet-AT attributes. The TDS analysis showed that subjects perceived sensory attributes of Bitter-BT, Fat-A, and Bitter-AF for a period of 25 s in artisanal chocolates, while the Cocoa-F attribute was only perceived for 15 s in industrial chocolates. The results of the present work provide an insight about the preference of consumers of artisanal and industrial chocolates.

## References

Ares, G., Alcaire, F., Antúnez, L., Vidal, L., Giménez, A. and Castura, J. C. 2017. Identification of drivers of (dis)liking based on dynamic sensory profiles: comparison of Temporal Dominance of Sensations and Temporal Check-all-that-apply. Food Research International 92: 79-87.
Cadena, R. S., Cruz, A. G., Faria, J. A. F. and Bolini, H. M. A. 2012. Reduced fat and sugar vanilla ice creams: sensory profiling and external preference mapping. Journal of Dairy Science 95(9): 4842-4850.
Cadoret, M. and Husson, F. 2013. Construction and evaluation of confidence ellipse applied at sensory data. Food Quality and Preference 28(1): 106-115.
Cantini, C., Salusti, P., Romi, M., Francini, A. and Sebastiani, L. 2018. Sensory profiling and consumer acceptability of new dark cocoa bars containing Tuscan autochthonous food products. Food Science and Nutrition 6(2): 245-252.
Domínguez-López, A., Villanueva-Carvajal, A., Arriaga-Jordán, C. M. and Espinoza-Ortega, A. 2011. Artisan-made and traditional foods: the Oaxaca fresh cheese as study case in central Mexico. Estudios Sociales 19(38): 165-193.
Donadini, G., Fumi, M. D. and Lambri, M. 2012. The hedonic response to chocolate and beverage pairing: a preliminary study. Food Research International 48(2): 703-711.
Food and Agriculture Organization Corporate Statistical Database (FAOSTAT). 2017. Crop production statistics 2017. Retrieved on September 25, 2019 from website: http://www.fao.org/faostat/es/\#data/QC
Gámbaro, A. and Ellis, A. C. 2012. Exploring consumer perception about the different types of chocolate. Brazilian Journal of Food Technology 15(4): 317-324.
Husson, F. and Pagès, J. 2003. Comparison of sensory profiles done by trained and untrained juries:
methodology and result. Journal of Sensory Studies 18(6): 453-464.
International Organization for Standardization (ISO). 1993. ISO 8586-1 - sensory analysis - general guidance for the selection, training, and monitoring of assessors, part 1 - selected assessors. Geneva: ISO.
International Organization for Standardization (ISO). 1994. ISO 11035 - sensory analysis - identification and selection of descriptors for establishing a sensory profile by a multidimensional approach. Geneva: ISO.
International Organization for Standardization (ISO). 2004a. ISO 10399 - sensory analysis - methodology - duo-trio test. Geneva: ISO.
International Organization for Standardization (ISO). 2004b. ISO 4120 - sensory analysis - methodology - triangle test. Geneva: ISO.
International Organization for Standardization (ISO). 2004c. ISO 16820 - sensory analysis - methodology - sequential analysis. Geneva: ISO.
International Organization for Standardization (ISO). 2005. ISO 5496 - sensory analysis - methodology - initiation and training of assessors in the detection and recognition of odors. Geneva: ISO.
Jaramillo-Villanueva, J. L., Córdova-Lázaro, C. E. and Córdoba-Ávalos, V. 2018. Willingness to pay for cultural attributes in handmade chocolates from the Chontalpa region, Tabasco, México. Economía Agraria y Recursos Naturales 18(2): 53-73.
Lanza, C. M., Mazzaglia, A. and Plagliarini, E. 2011. Sensory profile of a specialty Sicilian chocolate. Italian Journal of Food Science 23: 36-44.
Le, S. and Husson, F. 2008. SensoMineR: a package for sensory data analysis. Journal of Sensory Studies 23(1): 14-25.
Leite, P. B., Bispo, E. S. and Santana, L. R. R. 2013. Sensory profiles of chocolates produced from cocoa cultivars resistant to Moniliophtora perniciosa. Revista Brasileira de Fruticultura35(2): 594-602.
Masson, M., Saint-Eve, A. Delarue, J. and Blumenthal, D. 2016. Identifying the ideal profile of French yogurts for different clusters of consumers. Journal of Dairy Science 99(5): 3421-3433.
Ng, M., Lawlor, J. B., Chandra, S., Chaya, C., Hewson, L. and Hort, J. 2012. Using quantitative descriptive analysis and temporal dominance of sensations analysis as complementary methods for profiling commercial blackcurrant squashes. Food Quality and Preference 25(2): 121-134.
Norma Oficial Mexicana (NOM). 2002. NOM-186-SSA1/SCFI-2002 - productos y
servicios. Cacao, productos y derivados. Retrieved on August 20, 2019 from website: http://www.salud.gob.mx/unidades/cdi/nom/186ssa12.html
Oberrauter, L.-M., Januszewska, R., Schilch, P. and Majchrzak, D. 2018. Sensory evaluation of dark origin and non-origin chocolates applying Temporal Dominance of Sensations (TDS). Food Research International 111: 39-49.
Pflanzer, S. B., Cruz, A. G., Hatanaka, C. L., Mamede, P. L., Cadena, R., Faria, J. A. F. and Silva, M. A. A. P. 2010. Sensory profile and acceptance of milk chocolate beverage. Food Science and Technology 30(2): 391-398.
Pineau, N., De Bouillé, A. G., Lepage, M., Lenfant, F., Schlich, P., Martin, N. and Rytz, A. 2012. Temporal Dominance of Sensations: what is a good attribute list? Food Quality and Preference 26(2): 159-165.
Pinheiro, A. C. M., Nunes, C. A. and Vietoris, V. 2013. SensoMaker: a tool for sensorial characterization of food products. Ciência e Agrotecnologia 37(3): 199-201.
Ramírez-Rivera, E. J., Díaz-Rivera, P., Ramón-Canul, L. G., Juárez-Barrientos, J. M., Rodríguez-Miranda, J., Herman-Lara, E., ... and Herrera-Corredor, J. A. 2018. Comparison of performance and quantitative descriptive analysis sensory profiling and its relationship to consumer liking between the artisanal cheese producers panel and the descriptive trained panel. Journal of Dairy Science 101: 5851-5864.
Rocha, I. S., Santana, L. R. R., Soares, S. E. and Bispo, E. S. 2017. Effect of the roasting temperature and time of cocoa beans on the sensory characteristics and acceptability of chocolate. Food Science and Technology 37(4): 522-530.
Rodrigues, J. F., Condino, J. P. F., Pinheiro, A. C. M. and Nunes, C. A. 2016b. Temporal dominance of sensations of chocolate bars with different cocoa contents: a multivariate approach to assess TDS profiles. Food Quality and Preference 47(Part A): 91-96.

Rodrigues, J. F., Souza, V. R., Lima, R. R., Carneiro, J. D. S., Nunes, C. A. and Pinheiro A. C. M. 2016a. Temporal dominance of sensations (TDS) panel behavior: a preliminary study with chocolate. Food Quality and Preference 54: 51-57.
Rodríguez-Campos, J., Escalona-Buendía, H. B., Orozco-Avila, I., Lugo-Cervantes, E. and Jaramillo-Flores M. E. 2011. Dynamics of volatile and non-volatile compounds in cocoa (Theobroma cacao L.) during fermentation and drying
processes using principal components analysis. Food Research International 44(1): 250-258.
Sol Sánchez, Á., Naranjo González, J. A., Córdova Avalos, V., Ávalos de la Cruz, D. A. and Zaldívar Cruz, J. M. 2016. Bromatological characterization of products derived from cocoa (Theobroma cacao L.) in the Chontalpa, Tabasco, Mexico. Revista Mexicana de Ciencias Agrícolas 7: 2817-2830.
Stark, T., Bareuther, S. and Hofmann, T. 2006. Molecular definition of the taste of roasted cocoa nibs (Theobroma cacao) by means of quantitative studies and sensory experiments. Journal of Agricultural and Food Chemistry 54(15): 5530-5539.
Thamke, I., Dürrschmid, K. and Rohm, H. 2009. Sensory description of dark chocolates by consumers. LWT - Food Science and Technology 42(2): 534-539.
Thomson, D. M. H., Crocker, C. and Marketo, C. G. 2010. Linking sensory characteristics to emotions: An example using dark chocolate. Food Quality and Preference 21(8): 1117-1125.
Tomic, O., Luciano, G., Nilsen, A., Hyldig, G., Lorensen, K. and Næs, T. 2010. Analysing sensory panel performance in a proficiency test using the PanelCheck software. European Food Research and Technology 230: 497-511.
Vázquez-Ovando, A., Chacón-Martínez, L., Bentacour-Ancona, D., Escalona-Buendía, H. and Salvador-Figueroa, M. 2015. Sensory descriptors of cocoa beans from cultivated trees of Soconusco, Chiapas, Mexico. Food Science and Technology 35(2): 285-290.
Vecchio, R., Cavallo, C., Cicia, G. and Del Giudice, T. 2019. Are (all) consumers averse to bitter taste? Nutrients 11:1-14.

